

## HOMESCHOOL ICE SKATING 2018

Ice Skating Coordinator: Janela Hubka

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**When:** Fridays, January 5 - March 23, 2018 @ 1-2:30pm, EXCEPT on February 2 (NO skating due to rink schedule conflicts)

**Where:** Recreation Center @ 21 Elton Hills Drive NW, Rochester, MN

**Skates:** bring your own or rent on site for \$2

**Cost:** \$4/youth ages 5-18; \$5/adult; children under 5 free with a paid adult

**"Punch Cards" available:** optional, save money and time, and can be used for swimming, too (Youth: 12 visits/\$40; 25 visits/\$80 and Adult: 12 visits/\$50; 25 visits/\$100)

**Note:** It helps to stop in at the Rec Center before January 5 at 1pm to purchase "punch cards." These are good for one year from purchase. This will help avoid a long line at the first session, which takes away from skating time. You may purchase them at the cashier's booth inside the east front door during any public session or you may go to the office during business hours. If you want to come early to pay and/or get skates on by 1pm so as not to miss any skating time, staff will be in the cashier's booth any time after 10am on Fridays.

**Responsible Adult Present:** Every child skating (even teens) MUST have an adult present the whole time who is directly responsible for them. There will be a sign-in sheet at the edge of the rink where you will list your name and the names of the students you are supervising that day. No child should be on the ice before they have been signed in. If you cannot be with your own children, ask a friend to supervise them while you are gone. Please note: Because of the possibility of injuries during skating, students without a parent or parent-designated supervisor will be asked to sit out.

**Skating Lessons:** Skating lessons will be offered during the first 45 minutes of skating. The lessons take place in the center of the rink while free skating continues around the perimeter. The lesson schedule will start out as: Advanced/Intermediate Skaters at 1-1:15pm, Beginner Skaters I at 1:15-1:30pm, and Beginner Skaters II at 1:30-1:45pm. Depending upon interest levels, one of the last two sessions may switch to be Intermediate. Sometimes we've had so many beginning skaters that providing two classes allowed the teacher to give these skaters more one-on-one attention. (Parents, please note that you are welcome to join your child during the Beginner Class to assist them, if that is your preference and if you are wearing skates.) Please come early to get skates on in time to start lessons at 1pm, 1:15pm, or 1:30pm. No advance registration is necessary for the lessons. We especially encourage beginning skaters to participate in the lessons to gain confidence on the ice, remembering that several lessons will provide you with the most progress. Using the walkers on the ice to learn is not an equivalent substitute for learning solid skating skills. Older students may want to seriously consider taking some lessons during the Advanced/Intermediate Skaters time slot, working on either figure skating or hockey skills, as you request. Get some friends together and have a fun time learning

new skills! Parents are welcome to take lessons, as well, at their level. As an adult, I personally have learned quite a few skating tips during these lessons to improve my skating confidence and skill, which has increased my enjoyment of skating. These lessons are a great opportunity to improve everyone's skating skills with an excellent, patient teacher; with no long-term commitment; and at a steal-of-a-deal price. Mr. Paprocki is a certified figure skating and hockey coach.

The fee for lessons this year will remain at \$2/person/lesson. This fee is set so that we can just cover Mr. Paprocki's teaching fee. Please sign your children up for skating lessons on the designated sheet at the edge of the rink next to where you sign up your attending skaters and responsible adult, and place your payment in the accompanying envelope. If some week you find that you forgot your cash for ice skating lessons at home, please still sign your children up for lessons! You are always welcome to have your children take lessons that day - just pay for their lessons the following week or whenever you next come. We do this all on the honor system and are flexible. We encourage your participation!

This year, on our first afternoon of skating, Friday, January 5, we are trying something new! Paul Paprocki will be teaching a 'Skating 101' Session to all skaters/ all levels (yes, even parents on the ice!) :) with a focus on safety and/or skill development appropriate for each level. So, for the first week, we will use the following schedule: Advanced Skaters at 1-1:15pm, Intermediate Skaters at 1:15-1:30pm, and Beginner Skaters at 1:30-1:45pm. If uncertain as to which level to join, just ask Mr. Paprocki or jump on in and give one a try! Let's have some fun! If you'd like to work on a particular skill, just let him know. As you can see, these "introduction" classes will only be through the first 45 minutes, the usual time for lessons. If you are able, please plan to bring \$2 per skater to thank Paul for his time and to help pay his fee. In the following weeks, optional lessons will be offered each week during the first half of our skating afternoon at 1-1:45pm.

**Games/Free Skating:** At 1:45pm the rink will be divided in half for games on one end while free skating continues on the other end. The games are fast-paced and designed for competent skaters 10 years old and up. Make sure your children know this ahead of time.

### Rec Center Rules:

1. Everyone on the ice MUST have on skates.
2. ABSOLUTELY no carrying children on the ice.
3. No sitting on the dash boards surrounding the rink.
4. Safe skating is enforced. Those with the best skating ability should be responsible to skate in a manner that does not endanger those who are still learning. Let's make sure we all have a safe, fun afternoon.

**Inclement weather:** The Rec Center does not close for inclement weather, so it is your decision whether to participate on days when the weather is bad or schools are closed.